

HOLY TRINITY

Nursing & Rehabilitation Center

Newsletter

April 1, 2022



Dear Friends,

Thank you for the privilege of caring for your loved ones.

We are excited to restart our newsletters to keep you apprised of the many improvements we are making,

including adding staff and upgrading the building and resident rooms. We are particularly proud of our recent Center for Medicare & Medicaid 5-star rating for quality care and staffing.

While Holy Trinity is in a better place than at this time last year, as an industry, we continue to feel the residual effects of the pandemic. We remain vigilant in adhering to strict infection control procedures, safety protocols and cleaning standards.

Nursing homes, in general, have historically struggled due to an inequitable reimbursement structure. [Medicaid does not pay for the full cost of care that our residents deserve](#). According to the Massachusetts Care Association:

- Over 32,300 older adults, who can no longer live safely in their communities, rely on assistance with all aspects of daily living.
- More than two-thirds of those living in nursing homes rely on MassHealth, our state's Medicaid program, to cover the cost of their care.
- Currently, there remains a shortfall of \$38 per day /per resident between state funding and the cost of providing care.

This is an annual shortfall of approximately \$175 million a year!

With your continued help, Holy Trinity stays grounded in our mission to protect and care for the most vulnerable entrusted to our care, providing a comfortable home where everyone is treated like family.

Sincerely yours,

Rodolfo A. Parra
CEO and Administrator

Meet Two of Our Own



Dionisios Matalvanos



Joyce Matalvanos

Joyce Mantalvanos feels blessed to share a Hillside room with her beloved husband of 56 years, Dionisios. Migrating from Greece in 1965, Dionisios had a long career in foodservice, eventually becoming a Sodexo soup chef at Clark University, where his daughter, Joanne L' Heureux, is now the kitchen manager. In addition, they have two sons, Nicholas and George, and five grandchildren.

After retiring in 2017, Dionisios suffered a medical setback at 83 years of age that left him severely disabled. The Mantalvanos, members of St. Spyridon Orthodox Cathedral in Worcester, decided to take up residency at Holy Trinity because it supported their deep Orthodox Christian beliefs.

Joyce stays active, having her hair coiffed and weekly attending the Circle of Love and the Divine Liturgy.

We are blessed to have them here.

Independence and a Positive Self-Image

Having a choice of fun and meaningful activities helps to sustain both the physical and mental health of our residents.



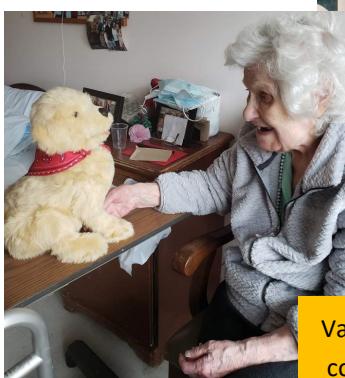
Patricia Thanus enjoys a Mardi Gras party



Georgia Athanasion says "Happy Valentines Day"



Jimmy Dowd has high hopes for a spare!



Vassie Tanko takes comfort in talking to "Happy"

Maintenance has a big role in the success and growth of our community.

So, Holy Trinity's new Director of Plant Operations / Maintenance Director, **Jorge Goyco**, has a lot on his plate.



Coming to us from JeNet Management where he managed 12 commercial facilities with a total of 5 million square feet, Jorge has jumped into action.

His focus on Business Management at Hesser College complements his strong background in project management. Most importantly, he knows everything about plumbing, heating and electrical.

Since coming to Holy Trinity, Jorge has demonstrated his extensive experience in a wide range of building and preventive maintenance projects. "Ignoring preventive maintenance can lead to direct injuries (such as falls) and place residents in harm's way," states Goyco. "I need to be vigilant in avoiding unnecessary expenditure while improving the quality of life."

Goyco is working with the CEO Rodolfo Parra on remodeling the building and community improvements.

Welcome!

Maintenance Is Vital for Senior Care and Comfort

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